TICK OFF YOUR BREAST SCREENING

NHS
Greater Manchester

Breast screening

Easy Read

This Easy Read leaflet uses easier words and pictures.

Some people may still want help to read it.

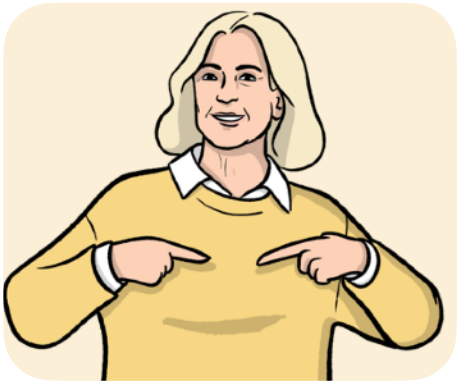
This leaflet is about **breast screening**.

A **breast screening** is a test to check for signs of breast cancer.

Why do I need a breast screening?

Screenings do not stop you from getting breast cancer.

But it is the best way to find breast cancer before it gets worse.



It is your choice if you want to have a breast screening or not.

How do I get a breast screening?

If you are aged 50 to 71, we will invite you to a breast screening appointment every 3 years.

You need to be registered with a GP surgery to be invited.

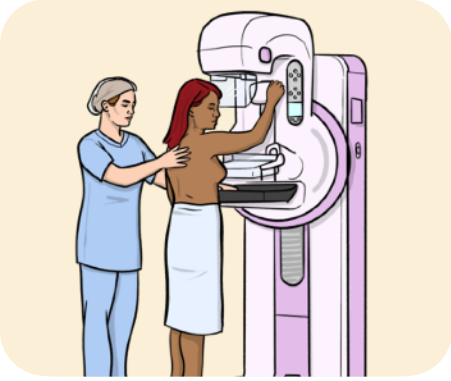
If you have not been invited to a breast screening appointment by the age of 53, please contact your local breast screening service.

If you are **transgender** or **non-binary** and would like a breast screening, please talk to your GP surgery.

Transgender means you have changed your gender from the one you were given at birth.

Non-binary means you feel you are neither male or female.

What happens at a breast screening?



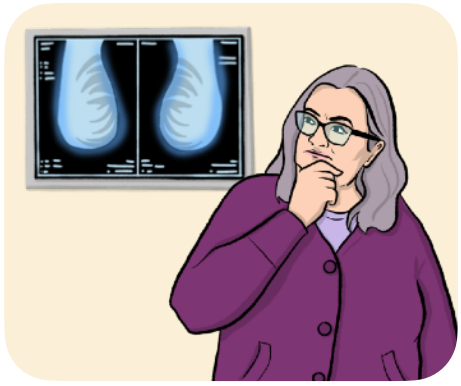
At a breast screening appointment, a female member of staff will x-ray your breasts.

They will look for cancers that are too small to see or feel.

The whole appointment will take no more than 30 minutes.

If you are worried you have breast cancer

If you are worried that you have breast cancer, please talk to your GP surgery.



You should do this even if you have had a breast screening recently.

You should not wait until we have invited you to your next breast screening.

More information

For more information, you can go to: www.nhs.uk/breast

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